



Athlete Support for the Royal Canadian Henley Regatta

Registered Alberta Rowing Association Athletes who have shown the ability to finish in the top three of a Henley Final at the 2009 Royal Canadian Henley may be eligible for funding assistance. Funding assistance is based upon the discretion of the Provincial Technical Director who is using a point system as a guide in determining which athletes receive funding from the ARA. The Provincial Technical Director's determination is to be then reviewed for endorsement with the VP Technical prior to communication to the awardees. Any remaining uncertainty with regard to the awardee list (total funding limit, athlete ranking, etc.) will be resolved by the ARA Executive.

Point System:

Alberta Athletes who competed on the Prairie Rowing Circuit accumulated points at various events across Alberta and Saskatchewan. At the conclusion of the Prairie Rowing Circuit points were tabulated to determine an overall athlete ranking in the following categories. Open Men and Woman; Lightweight Men and Woman; U23 Men and Woman; U23 Lightweight Men and Woman; Junior Men and Woman; Junior B Men and Woman.

Qualifying events to earn points were:

- The 2009 Alberta Erg Championships*
- The 2009 Regina Sprints Regatta
- The 2009 Alberta Open

To be eligible for funding athletes had to attend the 2009 Alberta Erg Championships Or provide evidence to the Provincial Technical Director that extenuating circumstances prevented them from attending this event.

The Point System is as follows:

Event	4 Points	3 Points	2 Points	1 Point
Erg Test*	ARA Gold ERG Standard	ARA Silver ERG Standard	ARA Bronze Erg Standard	+ 6 seconds of ARA Bronze Erg Standard
Regina Sprints	1 st place finish in 1x, 2-	- Top three finish in 1x - Top two finish in 2- - 1 st place finish in 2x, 4x 4-	- Top 50% of field in 1x or 2- - 2 nd place finish in 2x, 4x, 4-, - 1 st place finish in 8+	- 3 rd place finish in 2x, 4x, 4-, - 2 nd place finish in 8+
Alberta Open	1 st place finish in 1x, 2-	- Top three finish in 1x - Top two finish in 2- - 1 st place finish in 2x, 4x, 4-	- Top 50% of field in 1x or 2- - 2 nd place finish in 2x, 4x, 4-, - 1 st place finish in 8+	- 3 rd place finish in 2x, 4x, 4-, - 2 nd place finish in 8+

**Erg tests were to be done in front of a certified coach. –

** The athlete receives points based on their best performing result at any particular regatta.

*** Points at any given regatta are not cumulative. I.E in Regina an athlete who finishes 2nd in the 4x and 1st in the 2x gets 3 points
Not 5

Funding:

The Provincial Technical Director has consulted with individual coaches across the Province to determine factors like attitude, coach-ability, work-ethic, team-work and future potential. These subjective criteria along with the aforementioned Point system have formulated the basis of the Provincial Technical Director’s decision in determining which and/or how much Henley Bound Alberta athletes receive in funding from the ARA. Funding decisions made by the Provincial Technical Director have been endorsed by the VP Technical and or the ARA executive prior to communication with Alberta Athletes.

Funding categories are broken down as follows.

Category	Funding*
Gold	\$650
Silver	\$450
Bronze	\$300

Injury or Illness

Athletes who could not attend either the Regina Sprints or Alberta Open regattas due to injury or extenuating circumstances are still be eligible for funding. In these circumstances the Provincial Technical Director evaluated an athlete’s performance at the one event he/she did attend to determine an overall ranking of said athlete.

Post Henley Evaluation:

Athletes who do not receive ARA Funding but who achieve a top three ranking at the 2009 Royal Canadian Henley Regatta may be considered for ARA Funding Assistance following the conclusion of the event itself. Further, athletes who win an event and who have received funding may be considered for additional monies post Henley 2009.

