

Alberta Erg Championships

The Alberta Erg Championships will be held on Saturday March 8, 2008 at the Collicutt Centre in Red Deer Alberta from 9am through to 1:00pm. Please contact the ARA website at www.albertarowing.ca for updated information regarding start times as the March 8th date approaches.

All entries must be accompanied by a \$20 Entry Fee.

Competitions will be held in the following categories:

Master Events

Master Woman – Athletes 45 years of age or older as of December 31, 2008

Master Men – Athletes 45 years of age or older as of December 31, 2008

Master Woman #2 – Athletes 32 years of age or older as of December 31, 2008

Master Men #2 – Athletes over 32 years of age or older as of December 31, 2008

Open Events

Open Men –

Open Woman -

Lightweight Men (75.5 kg)

Lightweight Woman (62.5 kg)

Junior Events

Canada Summer Games Men – U20 as of December 31, 2008

Canada Summer Games Woman – U20 as of December 31, 2008

Junior B Men – U16 as of December 31, 2008

Junior B Woman U16 as of December 31, 2008

Novice Events – Started Rowing after September 1, 2007

U20 Novice Men – U20 as of December 31, 2008

U20 Novice Woman – U 20 as of December 31, 2008

Senior Novice Men

Senior Novice Woman

Please note: Dependant upon the number of entries, some events may be combined.

Entry Form

Each athlete to return their entries to their coach

Name: _____

Birth Date: _____ - Only required for Master/CSG or Junior entries

Category _____

T- Shirt Size (circle) XL, L, M, S, -
Entries must be received by Feb 15, 2008 to receive a t-shirt.

Parental Consent: _____
(Entries for athletes under the age of 18 must be accompanied by a signature of a parent/guardian)